

# Help Me Grow North Texas News

March 2023 Edition

## National Parent Leadership Month



February was National Parent Leadership Month! Help Me Grow North Texas is incredibly thankful to have 7 amazingly dedicated family partners that comprise our Family Advisory Council. Our family partners are imperative to the work and mission of Help Me Grow North Texas, and their voices are seamlessly integrated into all aspects. Brittany Lopez, Deborah Luceno, Denisse Gutierrez, Johnathane Gaffney Sr., Linda Pemberton, Nadia Perez, and Natasha Sankey continually provide us with immeasurable wisdom, insight, time, and energy to ensure that needs and voice of families in our communities are heard and valued! To our family partners and their families, we thank you, we see you, we appreciate you, and we are so honored that you've chosen to share your greatness, leadership, and light with Help Me Grow! Check out next month issue for more information about our Springtown FRC Parent Advisory Committee!





## NORTH TEXAS FAMILY LEADERSHIP SUMMIT

We're **seeking proposals** reflecting highly interactive and engaging presentations in **early childhood** for our North Texas families!

Deadline to submit is March 10, 2023!

**2023 Session Proposals**

[Click Here](#)

## North Texas Family Leadership Summit

Early Learning Alliance and Help Me Grow North Texas have partnered with the National Center for Families Learning to hosted our first North Texas Family Leadership Summit! This informative event seeks to build the capacity and knowledge of 75 family leaders within our community in the realm of early childhood development. This free event will feature food, guest speakers, breakout sessions, and plenty of opportunity for collaboration. The save the date for this event is to the left, and more information will be dispersed about the event including sign up. Please check out our Help Me Grow North Texas Facebook page for updates.

We are also looking for speakers on the topics below:

- Brain Development (breakout session)
- Early Childhood Developmental Stages (breakout session)
- Social-Emotional Development (breakout session)
- Empowerment & Networking
- Emotional Intelligence

Here are some key dates as well:

- February 22: Session Proposals opens.
- March 10: Session Proposals closes.
- March 22: Presenters acceptance notification with date/time for presentation.
- April 1: Final PowerPoint presentation and handouts are due.
- April 10: Presenters must be registered for the summit.
- April 20: Hotel room block expires.

For any questions or to request more information please email:  
[amanda.cobb@mhmrtc.org](mailto:amanda.cobb@mhmrtc.org).

### GUARDA LA FECHA CUMBRE DE LIDERAZGO FAMILIAR DEL NORTE DE TEXAS

**22 DE ABRIL DE 2023 | 10 AM- 3 PM**

THE HURST CONFERENCE CENTER  
1601 CAMPUS DR., HURST, TX 76054

**EL ENFOQUE: INFANCIA TEMPRANA**



### SAVE THE DATE NORTH TEXAS FAMILY LEADERSHIP SUMMIT

**APRIL 22, 2023 | 10 AM- 3 PM**

THE HURST CONFERENCE CENTER  
1601 CAMPUS DR., HURST, TX 76054

**FOCUS: EARLY CHILDHOOD**



## Women's History Month

March is Women's History Month! Women's History Month was established in order to intentionally highlight and honor the contributions of women throughout history and in contemporary society. The Smithsonian American Women's History Museum has a plethora of online exhibits, including *Girlhood: Its Complicated*, which highlights how women have changed history. These exhibits can be utilized to facilitate conversations about the importance of promoting equity for women and girls within our communities. View the online exhibit [here](#). Also, visit the Girls Inc. website [here](#) to read about their programs designed to empower girls!



## Safer Sleep Week

March 13-19 is Safer Sleep Week! This week was established to promote Safe Sleep Awareness and highlight safer sleeping practices within our communities. View the Safer Sleep Week from the Department of Family and Protective Services toolkit [here](#). The American Academy of Pediatrics has also compiled a list of recommendations for ensuring your baby is as safe as possible while they're sleeping. Visit [here](#) to view the complete list of recommendations. The Department of Family and Protective Services also created materials to inform parents, caregivers, and providers on the importance of safe sleep practices. To view and download materials visit [here](#).



## Community Partner Spotlight!

Family Compass is a nonprofit organization dedicated to building healthy families and a strong North Texas community by preventing child abuse and neglect. Family Compass operates 2 home mentoring programs, in addition to a community outreach and education program to support families that have elevated risk for child abuse in Dallas or Collin County. For more information, visit their website [here](#). To complete the Help Me Grow North Texas partnership pledge visit [here](#).



## National Reading Month

March is National Reading Month! Join United Way of Metropolitan Dallas in their effort to promote early literacy by volunteering for United Way Reading Day presented by EY. On March 3rd, volunteers will read to more than 7,000 preschool and elementary-aged scholars across 18 campuses, sharing engaging books that highlight the beauty of diversity and friendship. If you're unable to volunteer, you're still able to join in the fun by creating your own Reading Day Bookmark! Share your love of reading by creating your own customized bookmark to gift to a lucky student. Visit the United Way of Metropolitan Dallas website [here](#) to sign up to volunteer in person or virtually, or to make your own bookmark. Happy Reading!

## Important Dates in March:

March 1-31: [National Social Work Month](#)

March 1-31: [Endometriosis Awareness Month](#)

March 16: [Absolutely Incredible Kid Day®](#)

March 21: [World Down Syndrome Day](#)

## Employment Opportunities:

[Child Care Group Careers](#)

[My Health My Resources Careers](#)

[United Way of Metropolitan Dallas Careers](#)