

HELP ME GROW NORTH TEXAS NEWS

[Sign The Help Me Grow Partnership Pledge Here](#)

Dad. Txiv. Ayah. Baba. makua kāne. Papà. पिता. pai. 爸爸. aabe



This month we have the wonderful opportunity to acknowledge, honor, and highlight the presence, strength, kindness and versatility of fathers and male caregivers in our spaces. Male caregivers play an essential and irreplaceable role in the development of children and functionality of their families. Though the role of male caregivers may be fluid and adaptable, each form is worthy and valuable in its own right. June does provide us the space to celebrate and lift up male caregivers during father's day; but we all can commit to supporting, loving, seeing, honoring, respecting, and including them all year round!

Fatherhood Programs & Supports:

[Lumin](#) - [All Pro Dad](#) - [Daddy](#)

[University](#) - [Head Start](#) -

[Father Engagement Academy](#) -

[FOCUS+](#) -

[Fatherhood Coalition of Tarrant County](#)

Pritzker Children's Initiative visits Help Me Grow North Texas!

On June 13, representatives from the Pritzker Children's Initiative visited Help Me Grow North Texas staff, community partners, stakeholders, and members of the Family Advisory Council to discuss successes, challenges, and future growth opportunities. During this meeting, our dynamic, insightful, and wise parent leaders spoke about their work within Help Me Grow North Texas and about how the partnership has strengthened and refined their voice as leaders and advocates. We are thankful to have such fearless individuals that are open to share personal experiences working with and within family and child-serving systems. Their voices stretch and challenge us to ensure that our modus operandi always and forever includes and embraces parent and family voice for the betterment of our communities! If you would like to join this amazing group apply to become a family partner [here](#).



HELPMEGROWNORTHTEXAS.ORG

Community Partner Spotlight

Buckner's vision is to set the standard of excellence in serving vulnerable, children, families and seniors. They offer a multitude of services spanning foster care and adoption, senior living, housing support, and programs designed to strengthen families through education and empowerment. Buckner is committed to serving families through a lens of their core values: faith, integrity, respect, service, and teamwork. Visit [here](#) to learn more about Buckner!



Swim a Lap Day

June 24 is National Swim a Lap Day! Swimming allows us to splash around, have a nice workout, or beat the heat in a fun and playful way! Even if you just want to float, this can provide a lovely self care experience as you lay back and feel weightless as the water carries you. Celebrate Swim a Lap Day by going for a swim, organizing a pool party, taking swim lessons at your local [YMCA](#), and/or join [Cook Children's Water Safety Club](#)! View the DFPS water safety toolkit [here](#).



#WatchKidsAroundWater [GetParentingTips.com](#)



Child Vision Awareness Month

Summer is a great time to take care of your child's eye exam! Good vision is a key aspect of your child succeeding in school. The American Public Health Association notes that up to 80 percent of children's learning is through their visual system, but most children are not diagnosed with vision problems until middle school. Children should have an eye exam before starting school and then annually (or as recommended by their doctor). The Alexander Vision Center provides routine eye examinations and eye glasses for little to no cost. Visit [here](#) to learn more.



Important Dates in May:

June 1-30: [National Fresh Fruit & Veggies Month](#)

June 1-30: [Pride Month](#)   

June 18: [Fathers' Day](#) ([fathers day cards here](#))

Employment Opportunities

[Child Care Group Careers](#)

[My Health My Resources Careers](#)

[United Way of Metropolitan Dallas Careers](#)

Follow us on Social Media: @HelpMeGrowNTX