

Explore the Help Me Grow North Texas Training Platform

For Families and Providers
Serving and Caring for
Children ages 0-5

FREE PROFESSIONAL DEVELOPMENT

Trainings are free and high quality for both families and providers that come with certificates/CEUS upon completion.



ACCESS 24/7

Trainings are available anytime online. Courses can be completed at your own pace.



TIMELY AND RELEVANT

Training content is always relevant and timely. New training topics are uploaded quarterly based on the needs of families and providers in the community.



<https://hmgntx.teachable.com>

Questions? Contact:
info@first3yearstx.org

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Submit Trainings to the Teachable Platform

We are looking for relevant trainings topics for providers and caregivers of children 0-5.

FREE MEMBERSHIP OFFERED

Submissions will be reviewed quarterly by the Provider Support & Training Subcommittee. Accepted trainings will receive a one year free First3Years membership.



MULTIPLE AUDIENCES

Trainings must be relevant for both caregivers and providers of children 0-5.



TRAINING EXPECTATIONS

Trainings must be one hour long and focused on supporting the health and development of children prenatal to 5 years old and/or their caregiver(s) through research or evidence based practices.



[Click Here to Access Proposal Submission Form](#)

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