

Help Me Grow North Texas News

August 2022 Edition

Content:

- Mental Health Consultant Impact
- Help Me Grow North Texas Dallas and Collin County Events
- Baby Safety Month
- New YouTube Video and Important September Dates

Reminders:

- Next Quarterly Subcommittee meetings will be held in September
- Follow us on social media ([Facebook](#), [Twitter](#), and [Instagram](#)) @HelpMeGrowNTX to stay up to date
- Help Me Grow North Texas marketing materials can be ordered [here](#).

Impact of Mental Health Consultations

In the past year, the Mental Health Consultation program at My Health My Resources funded by SAMHSA has provided training on the premise of mental health consultation and how it can support childcare classrooms to **544 providers** in our 12 county service delivery area. Also in this same time frame, mental health consultants have worked in childcare classrooms where **823 children** are learning and growing. Please join me in celebrating our amazingly knowledgeable mental health consultants and the work that they do to inspire development, empathy, and collaboration within our community!

Help Me Grow Dallas & Collin County Events



On August 2 and August 4, United Way of Metropolitan Dallas hosted two Help Me Grow North Texas events in Dallas and McKinney for local families to eat, converse, and learn about how Help Me Grow may support them!

Help Me Grow collaborators and family partners came from across the metroplex to help make this event a success! Vendors and volunteers were on site at both Old Settlers Park and Backman Lake Together to provide families with information and resources while they were able to enjoy some free food, giveaways, and snow cones!

All of us at Help Me Grow North Texas would love to thank all that came out to support, volunteer, and dance with us as we seek to build our presence and impact within the communities that we serve!



September Toolkit: Baby Safety Month



September is Baby Safety Month! This is an opportune time for educating and supporting caregivers in building a safe environment for their babies. Baby Safety Month was established by the Juvenile Products Manufacturers Association (JPMA) to educate parents and caregivers on the safe selection and use of juvenile products, while encouraging those around us to become safety ambassadors.

JPMA offers a baby safety toolkit for providers to share in addition to tips for families on creating a safe space for baby to grow and develop! Check out the images for a few helpful baby safety suggestions and view the Baby Safety Month Toolkit [here](#).



Follow. Like. Share. Retweet.

Have you checked us out on social media lately? Help Me Grow North Texas has added 2 NEW videos on our Youtube Channel!

The first, is our first Help Me Grow North Texas video in Spanish! Check it out [here](#).

The second video is our Help Me Grow Impact Story now featuring captions in Spanish! View [here](#). This video also highlights the work and passion of one of our very own navigators!

Important Dates In September:

September 1-30: Hydrocephalus Awareness Month

September 8: World Literacy Day

September 18-24: Child Passenger Safety Week

September 19-22: Help Me Grow National Forum

September 30: Help Me Grow North Texas Birthday!

