

Help Me Grow North Texas News

July 2022 Edition

New Team Member Alert!

Contents:

- Amanda Cobb: Family Engagement Community Alignment Coordinator
- Family Partner Spotlight
- Depelchin Children's Center visits Springtown Family Resource Center
- National Immunization Awareness Month

Reminders:

- Next Quarterly Subcommittee meetings will be held in September
- Follow us on social media ([Facebook](#), [Twitter](#), and [Instagram](#)) @HelpMeGrowNTX to stay up to date
- Help Me Grow North Texas marketing materials can be ordered [here](#).



Amanda Cobb is the new Family Engagement Community Alignment Coordinator for Help Me Grow North Texas! She is joining us with 21 years in education as a Science Teacher, AVID Teacher and Coordinator, Testing Facilitator, and most recently an Assistant Principal. Serving people and advocating for families is her passion and purpose. She is a mom of medically fragile identical twin boys, and MHMR has been a part of her family's journey from the beginning with ECI. Her journey has taught her to appreciate the small everyday successes in life's journey and making connections with other families and resources is extremely valuable. She is very excited to give back to the community in this new role as Family Engagement Community Alignment Coordinator.

Family Partner Spotlight!

Help Me Grow North Texas is grateful to have AMAZING family partners that strive to be leaders within their community through service, advocacy, and education. Our family partners are hands-on, committed, knowledgeable, and invaluable to Help Me Grow. Check out what they've been up to!

Linda Pemberton was recently accepted to the University of Texas at Austin Department of Disabilities Autism Consortium of Texas (ACT) LEND training program! The (ACT) LEND program trains graduate students, family members, and self-advocates in culturally informed diagnosis, support, and advocacy for children with autism spectrum disorder and other developmental disabilities throughout the Capital Region and Central Texas. Linda enjoys scholastic education and is thrilled to utilize the wisdom that she will gain to advocate for other families. Linda mentioned that she is excited for Landon, her grandson, to visit another college campus as she feels that it is important for him to experience and understand various languages, ethnicities, and levels of education. Landon also loves being on campus! Linda hopes that this acceptance leads to more partnerships between Help Me Grow North Texas and other universities to identify other opportunities like this. She also wanted to thank Faith Rivera for introducing her to this program and her commitment to identifying pivotal resources that foster learning and development.



Help Me Grow North Texas' Family Advisory Council participated in their first event on July 20, as they hosted a Community Partner's table at Arlington ISD's Pre-K Palooza at Adams Elementary. Families were invited to register their kids for Arlington's no-cost STEM Pre-K program. This program is free for parents that live in the Arlington school district boundaries, or those who want their kids to attend even if they don't live in Arlington. Our family partners were on site offering assistance to parents and other community agencies by informing them about the benefits of Help Me Grow North Texas and other resources available to them!

Over 200 families were in attendance at this successful event! To learn more about Arlington ISD's Pre-K program, click [here](#).

Depelchin Children's Center visits Springtown Family Resource Center



After attending the FRC collaborative meeting, Jeanne, Mieke and Jennifer from our Springtown Family Resource Center (FRC) were asked to host a visit from members of the Depelchin Children's Center in Houston. Jason Lau, Jody Chandler, and Dr. Charity Eames from Depelchin visited the Family Resource Center on July 18. The Depelchin Children's Center operates a Family Resource Center in addition to providing various other comprehensive services for children and families. FRC Staff spent about 2 hours highlighting their facility, groups, community immersion, and support from the school district which are all essential to their success. The representatives from Depelchin were interested in learning about the successes at Springtown's FRC in terms of family engagement and establishing a Parent Advisory Committee! Our FRC staff appreciated the face to face brainstorming session as well, as this allowed them to process new ideas for continued efficiency and growth! Jeanne, Mieke, and Jennifer hope to visit other family resource centers in Texas as well for collaboration and staying abreast of techniques to best serve their community.

The Springtown Family Resource Center is located at: 314 E Fifth Terrace, Springtown, TX 76082.

National Immunization Awareness Month

August is National Immunization Awareness Month! The CDC has developed a toolkit to facilitate conversations about the importance of immunizations. The toolkit for parents can be found [here](#). The toolkit for healthcare providers is located [here](#). The CDC also suggests:

- Talking to your child's doctor or nurse about any routine vaccines your child may have missed.
- The immunization schedule is designed to provide immunity (protection) early in life, before children are likely to be exposed to serious, potentially life-threatening diseases.
- Some vaccines require more than one dose to provide your child with the best protection. Each recommended dose is important.

Back to School time is here which means scheduling your child's appointment for their routine vaccinations. Check out the links below for information about immunization clinics and events in your area!

[Tarrant County Immunization Event](#)
[Weatherford Immunization Event](#)
[Grayson County Immunizations](#)
[Denton County Immunizations](#)
[Collin County Immunizations](#)



Important Dates In August:

August 1-31: [National Breastfeeding Month](#)

August 3: [Cloves Syndrome Awareness Day](#)

August 8: [World Pickleball Day](#)

August 18: [World Breast Cancer Research Day](#)