

Help Me Grow North Texas News

April 2022 Edition

Contents:

- Teacher Care Day Highlights
- Welcome Jeanne and Tiffini!
- Second Birthday Help Me Grow Family Navigation Program
- Highlights from Open House
- Child Abuse Prevention Toolkit

Reminders:

- Next Quarterly Subcommittee meetings will be held in June
- Follow us on social media ([Facebook](#), [Twitter](#), and [Instagram](#)) @HelpMeGrowNTX to stay up to date
- Help Me Grow North Texas marketing materials can be ordered [here](#).

Teacher Care Day Highlights

On March 27, My Health My Resources of Tarrant County staff hosted a Teacher Care Day for 60 child care staff across the region. The event focused on self-care and mindfulness activities and some professional development. The day was a chance for child care providers to unwind and recharge. Another event will be held in Denton County later this summer to show appreciation to our child care providers from across the region.



Welcome Jeanne and Tiffini!

In the month of April, Help Me Grow North Texas welcomed two new Community Alignment Staff. Tiffini Smith is the new Community Alignment Coordinator for Help Me Grow North Texas and Jeanne Stevens is the new Community Alignment Coordinator for the Parker County Family Resource Center.



Tiffini Smith is a native Fort Worthian with about 8 years of experience working with children and families in a myriad of capacities. She earned her undergrad degree in Human Sciences from Texas Tech University in 2012, and graduate degree in Human Development and Family Services from there as well in 2020. Welcome Tiffini, we are excited to have you as a part of the Help Me Grow program!



Jeanne Stevens has been with My Health My Resources of Tarrant County for 10 years. She worked with the Early Childhood Intervention (ECI) program and was a supervisor for that team for 7 of the 10 years. She started working with ECI to give back to other families the way she was supported with 3 of her 4 children through the program. She loved serving families and recently transitioned to the Community Alignment Coordinator overseeing the Parker County Family Resource Center. She is excited to serve the community that she grew up in and raised her own children in. Welcome Jeanne, we are excited to have your passion, expertise, and connections to support the Family Resource Center for families in Parker County.

2 Year Birthday

Help Me Grow Family Navigation Program



April 1 was the second birthday of the Help Me Grow Centralized Access Point and Family Navigation Program. The Director for the Centralized Access Program, Leann Turbeville shared that: "The Navigators are some of the best people I've worked with throughout my career. They are open to try new things with families who are going through a lot of challenges right now. They all have maintained great attitudes and demonstrated strong character that brings a higher level of customer service to the platform of what solid Navigation is for Help Me Grow. They challenge me to be a better leader. Working with each of them and seeing their individual strengths show up in their work inspires me daily. Additionally, I'm so grateful for all the leadership around this team. LaQuitha represents a great unity between our My Health My Resources of Tarrant County and ChildCareGroup. Working with LaQuitha is smooth and effortless. I also appreciate having supportive supervisors, cohorts, and friends who show up committed and authentic in this work. I am humbled by what I learn from them and to be in this arena together."

Thank you Leann, LaQuitha, and the Family Navigators for your hard work over the last two years. We cannot wait to see what the future holds for this program.

Highlights from Open House

Parker County Family Resource Center

The Family Resource Center's (FRC) Grand Opening on March 24 was amazing! The transformation of the building was phenomenal, and we want to thank the many My Health My Resources of Tarrant County staff and Springtown ISD staff members who dedicated their time and effort over the last month to make it a safe and welcoming space for the Parker County community. Families and community members were excited to be at the Grand Opening and many expressed their appreciation of the new FRC in Springtown. Caregivers asked many questions and gave great feedback about the center and the needs of the community. Many community partners and leaders attended including the ISD Superintendent, the City Manager, Springtown newspaper staff, the fire department, the varsity cheer squad, and the Chamber of Commerce. All expressed their interest in supporting and collaborating with the center. Below you see pictures of the ribbon cutting, the new FRC staff, and a precious young boy enjoying the school's porcupine mascot! The FRC is being embraced by the community and has a bright future ahead!

Thank you to all of the staff that made this possible!



Highlights for May's Toolkits

Children's Mental Health Acceptance Week & National Water Safety Month

Children's Mental Health Acceptance Week is May 1-7 and shines a spotlight on the importance of caring for every child's mental health. The digital toolkit is linked [here](#) from CMH Austin. The toolkit includes sample social media posts, tips, statistics, news release templates, and theme logos. A website for CMHTexas is launching soon to support a statewide mental health campaign throughout the month of May.



May is National Water Safety Month. The Texas Department of Family and Protective Services created a toolkit for providers to be able to share through their networks and social media information about water safety. Here is the link for the [toolkit](#). There are tips for outdoor water safety and indoor water safety. It includes sample hashtags, graphics, and post language that link to additional resources.

