

Help Me Grow North Texas News

March 2022 Edition

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Reminders:

- Next Quarterly Subcommittee meetings will be held in June
- Follow us on social media ([Facebook](#), [Twitter](#), and [Instagram](#)) @HelpMeGrowNTX to stay up to date
- Help Me Grow North Texas marketing materials can be ordered [here](#).

Big Milestones in February

Help Me Grow North Texas experienced two major milestones in the month of February.

5,000 families served

At the end of February, Help Me Grow North Texas hit 5,000 families served by the Centralized Access Point (CAP)/Family Navigators. Thank you to all of our partners who have referred families and make these efforts possible! The Help Me Grow North Texas CAP will celebrate its second birthday on April 1. The below graphic was shared on Help Me Grow social media on March 1.



Phase IV Launch

On February 25th, over 30 partners from across the region celebrated the final expansion of Help Me Grow North Texas into Grayson, Fannin, Kaufman, & Rockwall counties.

Parker County Family Resource Center

My Health My Resources of Tarrant County was awarded a four-year grant from the Texas Department of Family and Protective Services, Prevention and Early Intervention division, that started on January 1, 2022, to establish a family resource center in Parker County. Family resource centers are a one-stop shop for community support services for families to access. The centers are designed based on the community's unique needs, offer a variety of services for families, and include family/parent leadership as a key element of design and implementation. The Parker County Family Resource Center opened on March 24th and is open to all families within Parker County to access Family Navigation, Early Childhood Intervention, education groups and Parent Cafes, basic needs support, and parent leadership opportunities.

The Parker County Family Resource Center is made possible through partnership with Springtown ISD. The address is 314 E 5th Terrace, Springtown, TX 76082. For questions about the Parker County Family Resource Center, please contact Stephanie.Norton@mhmrtc.org or Jeanne.Stevens@mhmrtc.org. The flyers are below.

Family Resource Center

We Provide Free Services!

- RESOURCE NAVIGATION & CASE MANAGEMENT
- EARLY CHILDHOOD DEVELOPMENTAL SCREENINGS
- BASIC NEEDS SUPPLIES
- PARENTING EDUCATION CLASSES & GROUPS
- PARENTING BOOKS AND MATERIALS
- FUN PARENT AND CHILD ACTIVITY GROUPS
- FATHERHOOD SUPPORT & RESOURCES
- PARENT CAFÉS
- COMMUNITY EVENTS



**844-NTX-KIDS
(844-689-5437)**

M-F 8:00AM to 5:00PM

314 E. 5TH Terrace, Springtown, TX 76082

Hablamos Español

Centro de Recursos Familiares

Proporcionamos Servicios Gratis!

- Navegación de Recursos y manejo de Casos
- Exámenes de Desarrollo de la Temprana Edad
- Suministración de Necesidades Básicas
- Clases de Educación de Crianza para Padres y Grupos
- Libros y Materiales de Crianza de los Hijos (as)
- Divertidos Grupos Con Actividades Para Padres E Hijos
- Apoyo y Recursos Para La Paternidad
- Cafés Para Padres De Familia
- Eventos Comunitarios



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New Resources

New Trainings in Teachable

Help Me Grow North Texas supports the free professional development training platform, Teachable, in partnership with First3Years as a way to share FREE, quality professional development opportunities for families and providers across the region and state. On March 8th, five additional trainings were added to the platform.

- Empowering Parents through COVID-19
- ACE'S 101: An Introduction to Adverse Childhood Experiences
- Supporting and Engaging the Fatherhood Demographic
- Perinatal Mood and Anxiety Disorders: An Overview
- Understanding the Providers Role in Early Hearing Loss Detection and Intervention in Children.

With the addition of these trainings, there are now currently eight trainings that award CEUs within the system. New trainings will be released again in June. To access the trainings, please go to <https://hmgntx.teachable.com/>

TBRI Texts

Texas Christian University's Karyn Purvis Institute of Child Development now offers free biweekly texts on Trust Based Relational Intervention (TBRI).



We need more male voices!

Leadership, engagement, and representation

The Help Me Grow North Texas Family Advisory Council developed two key messages in response to the need that was shared at the biannual meeting regarding recruiting for male providers, caregivers, and parents to support Help Me Grow North Texas efforts through subcommittees, the Early Childhood Wellness Council, and even some other family engagement opportunities. The messages were brought forth to the family engagement subcommittee and general Help Me Grow North Texas leadership team.

- *Are you a leader that helps in the community? Do you have the desire to share your wisdom and lived experiences with others? We want you to join our Help Me Grow North Texas team. We value your perspective as a male and need your involvement to help build a more equitable community. No matter the amount of time, we have a variety of ways you can get involved....*
- *There's overwhelming scientific evidence that affirms the importance of males being intimately involved in children's lives. Responsible fathers and appropriate male mentorship can help children make better choices, build confidence, and create a community who cares. WE NEED YOU to bring your valuable experiences, wisdom, and perspective to Help Me Grow North Texas as we gather all to share in impacting the community. We are ready and welcome you to take your seat at the table.*

Resources that can be included:

- [Logic Model](#)
- [Key Activities of Help Me Grow Model](#)
- [Overview of Action Plan for All Subcommittees](#)
- [Partnership Pledge](#)

If you know of male providers, caregivers, or parents that would like to engage with Help Me Grow North Texas, email Stephanie.Norton@mhmrtc.org for questions or next steps.

